

A dementia-friendly community is one in which people with dementia are empowered to have aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.

We are working towards this in East Grinstead. We hope that people will be aware of, and understand more about

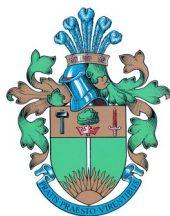
dementia; and that people with dementia and their carers will be encouraged to seek help and support; and people with dementia will feel included in their community, be more independent and have more choice and control over their lives.

(Alzheimer's Society)



Organisations interested in joining the DAA should contact
www.dementiaaction.org.uk

Or to become a Dementia Friend www.dementiafriends.org.uk



Leaflet kindly sponsored by East Grinstead Town Council

www.eastgrinstead.gov.uk 01342 323636



East Grinstead Dementia Action Alliance

Dementia Groups & Services for those living with Dementia in East Grinstead



April 2017

Age UK East Grinstead & District: 01342 327046 enquiries@ageukeastgrinstead.org.uk

Located in Queens Road & open Monday to Friday. The centre offers a wide range of services and activities for people over the age of 50, including freshly prepared lunches and refreshments. The centre also offers a respite care service for people with dementia on first and third Saturdays of the month. Transport is available.

Alzheimer's Society: 01444 416606 k.hall@alzheimers.org.uk

The Society provides support, information and advice on all aspects of dementia, including issues with home and personal care.

Alzheimer's Society Sussex Helpline: 01403 213017 sussex.helpline@alzheimers.org.uk

Alzheimer's and Dementia Support Group: 01444 450248 info@dementia-support.org

The Group offers advice and support to carers of people with Alzheimer's Disease and related disorders. The Group acts as a support for people who have a member of their family with memory problems or mental decline.

Carer's Emergency Alert. WSCC www.chichestercareline.org.uk/

Carers Support Service – North and Mid Sussex: 0300 028 8888 info@carerssupport.org.uk

Carers Support Service provides free, confidential and impartial information and support to carers in West Sussex. Carers Support Service can offer specialist support workers, support groups, emotional support services and support towards time out and relaxation for carers.

Crossroads Care: 01903 790270 admin@crossroadscare-sc.org

Crossroads Care offers support for carers and the people they care for. Services include day & night service, emergency respite service & holiday support service.

Glen Vue Community Centre: 01342 318082

The day centre is for people with long-term or complex needs, such as dementia. It provides activities, lunch and assistance with personal care. The service also enables carers to have a break and can provide them with support, information and advice, as required. Open Monday to Friday (No Weekends)

Know Dementia: 01273 494300 www.knowdementia.co.uk

Meals on Wheels: 01293 528223 crawleyms@royalvoluntaryservice.org.uk

The Royal Voluntary Service operates a delivery service of both hot and frozen meals, five days a week. Drivers deliver a daily chilled meal which they will cook for you in your microwave or leave for you to heat when you choose to eat it.

Moatfield Surgery: 01342 327555

The surgery offers a monthly Dementia Support Clinic, which is run in conjunction with The Alzheimer's Society's Dementia Support Worker.

Mill View Care Home 0333 9201995

Neil's Club: 01903 790270 rachel.whitlam@crossroadscare-sc.org

For people with young onset dementia. Age appropriate support with activities and outings.

NHS Sussex Community Carers Health Team: 01243 623521

SC-TR.carerwellbeing@nhs.net

The Carers Health Team offer professional support and guidance for carers to maintain their health and wellbeing.

Personal Alarms Age UK

www.ageuk.org.uk/products/mobility-and-independence-at-home/personal-alarms/

Stildon Day Care - Brendon Care: 01342 305750

www.brendoncare.org.uk/care/our-care-homes/stildon#tab3-tab

Stildon offers high quality flexible day care in a warm, intimate and friendly setting. Designed to meet the social and care needs of older people with dementia in East Grinstead, it also affords their carers an occasional break.

Telecare Personal Alarms: www.westsussexconnecttosupport.org

The Butterfly Scheme: Web: <http://butterflyscheme.org.uk>

The Butterfly Scheme provides a system of hospital care for people living with dementia, and has now been adopted by over a hundred hospitals across the length and breadth of the UK. Queen Victoria Hospital 01342 414000

WSCC Specialist Day Services: 01243 777100.

www.westsussex.gov.uk/living/social_care_and_health.aspx

Specialist day services are for people with longer terms or complex social care needs such as adults with learning disabilities or dementia. Services include support, activities and community opportunities that help adults to live as independently as they can.

