



## MID SUSSEX HEALTHY WALKS Summer 2024

### Walk Levels:

**Level 1:** 30 minutes on paved paths. No stiles.

**Level 2:** 30 minutes - 1hr (1.5 - 2.5 miles) some un-surfaced paths. No stiles, hills will be encountered.

**Level 3:** 1 - 1.5hrs (max. 3.5 miles) on un-surfaced paths. Some stiles and hills.

**Level 4:** 1.5 - 2hrs (max. 5 miles). Stiles and hills.

**Level 5:** 2 - 3hrs (max. 7 miles). Stiles, steep hills, faster pace.

These walks are free and provided by Glendale Countryside Services for MSDC with the kind help of all our walk leaders who are volunteers.

### Please note:

- Walkers please register before your first walk, via the MSDC website, if you have not done so since June 2021 (this only needs to be done once).
- The start times are the time the walk departs; please arrive 10 minutes prior to the start time.
- Extra walks may be added to the programme – please check the website regularly for updates.
- Walk cancellations can also be found on the website.

**For more information please contact the Rangers by email  
[rangers.midsussex@glendale-services.co.uk](mailto:rangers.midsussex@glendale-services.co.uk)**

**[www.midsussex.gov.uk/healthywalks](http://www.midsussex.gov.uk/healthywalks)**

Version 2



## April 2024

- 02 April, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL
- 03 April, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248
- 03 April, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 04 April, Thursday, 10am, Pyecombe** LEVEL 5  
Meet at Pyecombe Street, Pyecombe, BN45 7ED.
- 05 April, Friday, 9.30am, Bolney** LEVEL 3  
Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233
- 10 April, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 11 April, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA
- 16 April, Tuesday, 10am, Jack & Jill - Chattri** LEVEL 5  
Meet at Jack & Jill Car Park (Windmills), Mill Lane (off Clayton Hill), Clayton, BN6 9PG. Grid Ref: TQ 303 134
- 17 April, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 17 April, Wednesday, 10am, Ditchling** LEVEL 2  
Meet at Ditchling Village Hall car park, Lewes Road, BN6 8TT. Grid reference: TQ 327 152
- 18 April, Thursday, 10am, Whitemans Green** LEVEL 3  
Meet at Whitemans Green Recreation Ground, Whitemans Green, Cuckfield, RH17 5HX. Grid Ref: TQ 301 256
- 22 April, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**23 April, Tuesday, 10am, Beech Hurst**

LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**24 April, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**25 April, Thursday, 10.15am, Up and Amble**

LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

## May 2024

- 01 May, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248
- 01 May, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 02 May, Thursday, 10am, Danehill** LEVEL 4  
Meet on the corner of School Lane and Collingford Lane. Park in Danehill Village Hall car park or on local roads. RH17 7JB. Grid Ref: TQ 406 278
- 03 May, Friday, 9.30am, Bolney** LEVEL 4  
Meet at the Bolney Stage, London Road, Bolney, RH17 5RL  
Grid Ref: TQ 265 238
- 03 May, Friday, 10am, Burgess Hill** LEVEL 3  
Meet outside the Kings Weald Co-Op, 12 Terracotta Lane, Kings Weald, Burgess Hill, RH15 0NT
- 06 May, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY
- 07 May, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL
- 07 May, Tuesday, 10am, Ansty** LEVEL 5  
Meet at Ansty Recreation Ground car park, Desks Lane, Ansty, RH17 5AS
- 08 May, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 09 May, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA
- 09 May, Thursday, 10am, Crawley Down** LEVEL 3  
Meet at Crawley Down Village shops, Station Rd, Crawley Down, RH10 4HZ
- 15 May, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**15 May, Wednesday, 10am, Nightingale Lane Meadows** LEVEL 2

Meet outside the entrance to the Tesco Superstore (by the cash machine), Hammonds Farm, Burgess Hill, RH15 9QT. Free parking is available, by kind permission of the Manager, but please do not park in the area immediately in front of the store entrance but at the back of the car park.

**16 May, Thursday, 10am, Scaynes Hill** LEVEL 5

Meet at Scaynes Hill Recreation Ground, off A272, Scaynes Hill, RH17 7PG. Grid Ref: TQ 367 233

**22 May, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**23 May, Thursday, 10.15am, Up and Amble** LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**27 May, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**28 May, Tuesday, 10am, Beech Hurst** LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**29 May, Wednesday, 9.30am, Cuckfield** LEVEL 2

Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

**29 May, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

## June 2024

- 04 June, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL
- 05 June, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 07 June, Friday, 9.30am, Bolney** LEVEL 3  
Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233 Option of staying after to purchase lunch in the café.
- 10 June, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY
- 11 June, Tuesday, 10am, South Downs** LEVEL 5  
Meet at Clayton Recreation Ground, Underhill Lane, Clayton, BN6 9PJ. Map Ref: TQ 300 140
- 12 June, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 13 June, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA
- 13 June, Thursday, 10am, Danny** LEVEL 4  
Meet at Clayton Recreation Ground, Underhill Lane, Clayton, BN6 9PJ. Map Ref: TQ 300 140
- 19 June, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 19 June, Wednesday, 10am, Red House Common** LEVEL 2  
Meet at Red House Common Car Park, Warrs Hill Lane, North Chailey, BN8 4JE. Grid reference: TQ 392 217.
- 20 June, Thursday, 10am, Horsted Keynes** LEVEL 5  
Meet at the Recreation Ground Car Park, Lewes Road, Horsted Keynes, RH17 7AF. Grid Ref: TQ 383 281

**21 June, Friday, 10am, Burgess Hill** LEVEL 3  
Meet outside the Kings Weald Co-Op, 12 Terracotta Lane, Kings Weald, Burgess Hill, RH15 0NT

**24 June, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**25 June, Tuesday, 10am, Beech Hurst** LEVEL 2  
Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**26 June, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**26 June, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

**27 June, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**27 June, Thursday, 10am, Ditchling** LEVEL 4  
Meet at Ditchling Parish Council Car Park, Keymer Road, Ditchling, BN6 8TR Grid Ref:TQ323152

## July 2024

**02 July, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL

**02 July, Tuesday, 10am, Balcombe** LEVEL 5  
Meet opp. Victory Hall (no parking in Hall car park), Stockcroft Road, Balcombe, RH17 6HP. Grid Ref: TQ 309 306

**03 July, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**04 July, Thursday, 10am, Ardingly** LEVEL 3  
Meet in Layby opposite Ardingly Showground, Selsfield Road (B2028), Ardingly, RH17 6TJ. Grid Ref: TQ 345 305

**05 July, Friday, 9.30am, Bolney** LEVEL 4  
Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233 Option of staying after to purchase lunch in the café.

**08 July, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**10 July, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**10 July, Wednesday, 10am, Burgess Hill** LEVEL 3  
Meet outside the Kings Weald Co-Op, 12 Terracotta Lane, Kings Weald, Burgess Hill, RH15 0NT

**11 July, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**17 July, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**17 July, Wednesday, 10.30am, Bedelands** LEVEL 2  
Meet at Leylands Park car park, Maple Drive, Burgess Hill, RH15 8DL. Grid reference: TQ 317 202

**22 July, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY



**23 July, Tuesday, 10am, Beech Hurst**

LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**24 July, Wednesday, 9.30am, Cuckfield**

LEVEL 2

Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

**24 July, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**25 July, Thursday, 10.15am, Up and Amble**

LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**31 July, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

## August 2024

- 01 August, Thursday, 10am, South Downs** LEVEL 5  
Meet at Ditchling Recreation Ground Car Park, Lewes Road, Ditchling. BN6 8TY. Grid Ref: TQ 331 149
- 02 August, Friday, 9.30am, Bolney** LEVEL 3  
Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233
- 06 August, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL
- 06 August, Tuesday, 10am, Ditchling/South Downs** LEVEL 5  
Meet at Ditchling Recreation Ground Car Park, Lewes Road, Ditchling. BN6 8TY. Grid Ref: TQ 331 149
- 07 August, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.
- 08 August, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA
- 14 August, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.
- 15 August, Thursday, 10am, Staplefield** LEVEL 4  
Meet at Village Green Car Park (near Playground), Cuckfield Road, Staplefield, RH17 6EU. Grid Ref: TQ 275 281
- 21 August, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248
- 21 August, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.
- 21 August, Wednesday, 10am, Ditchling Common** LEVEL 2  
Meet at Ditchling Common car park, Folders Lane East, BN6 8SQ. Grid reference: TQ 337 181

**22 August, Thursday, 10.15am, Up and Amble**

LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**27 August, Tuesday, 10am, Beech Hurst**

LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**28 August, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**29 August, Thursday, 10am, Balcombe**

LEVEL 3

Meet opp. Victory Hall (no parking in Hall car park), Stockcroft Road, Balcombe, RH17 6HP. Grid Ref: TQ 309 306

## September 2024

**03 March, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL

**04 September, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**05 September, Thursday, 10am, South Downs** LEVEL 5  
Meet at Jack & Jill Car Park (Windmills), Mill Lane (off Clayton Hill), Clayton, BN6 9PG. Grid Ref: TQ 303 134

**06 September, Friday, 9.30am, Cowfold** LEVEL 4  
Meet at Cowfold Recreation Ground, off A272, Cowfold, West Sussex, RH13 8BL. Grid Ref: TQ 214 226

**11 September, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**12 September, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**18 September, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

**18 September, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**18 September, Wednesday, 10am, Malthouse Lane Meadows** LEVEL 2  
Meet outside the entrance to the Tesco Superstore (by the cash machine), Hammonds Farm, Burgess Hill, RH15 9QT. Free parking is available, by kind permission of the Manager, but please do not park in the area immediately in front of the store entrance but at the back of the car park.

**24 September, Tuesday, 10am, Beech Hurst** LEVEL 2  
Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**25 September, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**26 September, Thursday, 10.15am, Up and Amble LEVEL 2**

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16  
4QA